

Sealants

Tooth decay can be sealed out!

Permanent molars (back teeth) often develop with deep grooves that are difficult to keep clean. Toothbrush bristles cannot reach into these grooves. This may allow plaque and food to collect and cause decay.

A sealant is a clear or shaded plastic material that is applied to the chewing surfaces of the permanent molars.

The sealant acts as a barrier (coating) to protect these important teeth. It is a simple procedure to seal each tooth and this protective coating can last for several years.

Your dentist or dental hygienist can help prevent tooth decay by applying sealants to your child's teeth.

Contact your dentist or KFL&A Public Health at 613-549-1232, ext. 1281 for more information on sealants. Your child may be eligible to receive this preventive service at KFL&A Public Health at no cost if you meet the eligibility criteria.

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