

## AFTER IMMUNIZATION, WHEN ARE YOU ELIGIBLE TO DONATE BLOOD?

After receiving a vaccine, there is a period of time before you can safely donate blood.

### Vaccines requiring a 2 day deferral before blood donation

Cholera and Travellers' Diarrhoea (Dukoral)  
Hepatitis A (Avaxim, Havrix, Vaqta)  
Hepatitis A and Typhoid (Vivaxim)  
Influenza  
Japanese Encephalitis  
Meningococcal  
Pertussis  
Pneumococcal  
Polio injectable  
Tetanus and Diphtheria  
Tick-borne Encephalitis  
Typhoid injectable

### Vaccines requiring a 4 week deferral period

Hepatitis B (Engerix, Recombivax HB)  
Hepatitis A and B (Twinrix)  
Typhoid oral (Vivotif)  
Yellow Fever

### Vaccines requiring a 12 week deferral period

Measles, Mumps, Rubella (MMR, Priorix)  
Varicella (chicken pox)

### Rabies

Rabies (Pre-exposure immunization) – **2 day deferral**  
Rabies (Post-exposure treatment) – **52 weeks deferral**

**Note: Malaria exposure** with less than six months in risk-zone – Blood can be donated one year after departure date. Malaria exposure with six or more consecutive months in risk zone- Blood can be donated three years after departure date.

'Plasma' donations can be donated six months after departure date regardless of duration of stay.

For more complete and further information, please contact Canadian Blood Services at 1-888-236-6283.

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