

## After Immunization, When are You Eligible to Donate Blood?

After receiving a vaccine, there is a period of time before you can safely donate blood. If you have travelled and have visited a malarial area, you cannot donate blood for six months, even if you have taken an antimalarial medicate.

Live attenuated vaccines	Deferral period
(Chicken Pox) Varicella (Varivax, Vail Rix)	12 weeks
Measles, Mumps, Rubella (MMR)	12 weeks

### Inactivated vaccines

#### The following require a two day deferral period:

Cholera and Travellers' Diarrhea (Dukoral)  
 Hepatitis A (AvaXim, Havrix, Vaqta)  
 Hepatitis A and Typhoid (Vivaxim)  
 Influenza  
 Japanese Encephalitis (Je-Vax)  
 Meningococcal (Neisvac, Menjugate, Menomune)  
 Pertussis (Whooping Cough)  
 Polio, injectable (IPV)  
 Pneumoccal (Pneumovax)  
 Tetanus/Diphtheria  
 Typhoid, injectable (Typhim Vi, Typherix)  
 Tick Borne Encephalitis (FSME-Immun)

#### The following vaccines require a four week deferral period:

Hepatitis B (Recombivax-HB, Engerix B)  
 Hepatitis A and B (Twinrix)  
 Yellow Fever (YF-Vax)  
 Typhoid, oral (Vivotif)

Rabies vaccine	Deferral period
Pre-exposure vaccination of Rabies (Rabivert)	2 days
Post-exposure treatment for Rabies	52 weeks

Eligible blood donors can give blood every 56 days.

For further information, please contact Canadian Blood Services at 1-888-236-6283.

FS 180  
18/01/07

**Kingston**  
221 Portsmouth Avenue  
Kingston, ON K7M 1V5  
Tel: 613-549-1232  
1-800-267-7875  
Fax: 613-549-7896

**Cloyne**  
P.O. Box 59  
14209 Highway 41  
Cloyne, ON K0H 1K0  
Tel: 613-336-8989  
Fax: 613-336-0522

**Napanee**  
41 Dundas Street  
Napanee, ON  
K7R 1Z5  
Tel: 613-354-3357  
Fax: 354-6267

**Sharbot Lake**  
P.O. Box 149  
1130 Elizabeth Street  
Sharbot Lake, ON K0H 2P0  
Tel: 613-279-2151  
Fax: 613-279-3997