

AZITHROMYCIN FOR TRAVEL

Azithromycin is an antibiotic medicine used for treatment of moderate to severe travellers' diarrhoea (loose stool with cramps or nausea).

Severe diarrhoea symptoms such as bloody stool, dehydration, fever, and chills require immediate medical attention.

Do not take this medication if you are allergic to:

- Azithromycin,
- Erythromycin, or
- clarithromycin.

Precautions for everyone:

Let the nurse know if you are intending to become pregnant.

Let the nurse know if you are taking:

- anti-convulsant drugs,
- theophylline,
- cyclosporine,
- triazolam,
- digoxin,
- warfarin, or
- ergotamine.

How to take Azithromycin:

Take two tablets once daily, for up to three days, until your symptoms subside. Take with a full glass of water.

If you take antacids, take them 2 hours before or 4 hours after Azithromycin.

Common side effects include:

Nausea, vomiting, diarrhoea, and cramps occur in 10 to 15 percent of people. Headache, dizziness, and mild skin rash may also occur,

Azithromycin may cause other side effects. Call your doctor if you have any unusual problems while taking this medication.

If you have any questions, call KFL&A Public Health's Travel Clinic at 613-549-2335.

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