

Azithromycin for Travel

Azithromycin is an antibiotic medicine used for treatment of moderate to severe travellers' diarrhoea (loose stool with cramps or nausea)

Severe diarrhoea symptoms such as bloody stool, dehydration, fever and chills require immediate medical attention.

Do not take this medication if you are allergic to:

- azithromycin
- erythromycin
- clarithromycin.

Precautions for everyone:

Let the nurse know if you are:

- pregnant or intending to become pregnant.
- breast feeding.

Let the nurse know if you are taking:

- anti-convulsant drugs.
- theohylline.
- cyclosporine.
- triazolam.
- digoxin.
- warfarin (Coumadin).
- ergotamine.

How to take Azithromycin:

Take all four pills, at the same time, with or without food, but with a full glass of water. If you take ant-acids, take them two hours before or four hours after Azithromycin.

Common side effects include:

- nausea,
- vomiting,
- diarrhea and cramps (occur in 10 to 15 percent of people),
- headache,
- dizziness, and
- mild skin rash may also occur.

Azithromycin may cause other side effects. Call your doctor if you have any unusual problems while taking this medication.

If you have any questions, call KFL&A Travel Clinic at 613-549-2335.

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Kingston
221 Portsmouth Avenue
Kingston, ON K7M 1V5
Tel: 613-549-1232
1-800-267-7875
Fax: 613-549-7896

Cloyne
P.O. Box 59
14209 Highway 41
Cloyne, ON K0H 1K0
Tel: 613-336-8989
Fax: 613-336-0522

Napanee
41 Dundas Street
Napanee, ON
K7R 1Z5
Tel: 613-354-3357
Fax: 354-6267

Sharbot Lake
P.O. Box 149
1130 Elizabeth Street
Sharbot Lake, ON K0H 2P0
Tel: 613-279-2151
Fax: 613-279-3997