

Ciprofloxacin for Travel

Ciprofloxacin is an antibiotic medicine used for treatment of moderate to severe travellers' diarrhoea (loose stool with cramps or nausea).

Severe diarrhoea symptoms such as bloody stool, dehydration, fever and chills require immediate medical attention.

Do not take this medication if you are allergic to ciprofloxacin or any other quinolone or fluoroquinolone antibiotic such as:

- levofloxacin
- moxifloxacin
- norfloxacin
- ofloxacin.

Precautions for everyone:

Let the nurse know if you are:

- pregnant or intending to become pregnant.
- are breast-feeding.
- if you have significant kidney disease.

Let the nurse know if you are taking:

- theophylline
- warfarin (Coumadin)
- glyburinde
- tizanidine
- methotrexate.

How to take Ciprofloxacin

Take 1 tablet twice a day, with or without food, but with a full glass of water. If you take ant-acids, take them two hours before or four hours after Ciprofloxacin.

Common side effects include:

- upset stomach,
- mild diarrhea,
- nausea,
- vomiting,
- headache, and
- dizziness.

Ciprofloxacin may cause other side effects. Call your doctor if you have any unusual problems while taking this medication.

If you have any questions, call KFL&A Travel Clinic at 613-549-2335.

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Kingston
221 Portsmouth Avenue
Kingston, ON K7M 1V5
Tel: 613-549-1232
1-800-267-7875
Fax: 613-549-7896

Cloyne
P.O. Box 59
14209 Highway 41
Cloyne, ON K0H 1K0
Tel: 613-336-8989
Fax: 613-336-0522

Napanee
41 Dundas Street
Napanee, ON
K7R 1Z5
Tel: 613-354-3357
Fax: 354-6267

Sharbot Lake
P.O. Box 149
1130 Elizabeth Street
Sharbot Lake, ON K0H 2P0
Tel: 613-279-2151
Fax: 613-279-3997