

## Finding breast pumps to rent or buy in Kingston

The basic types of breast pumps are manual hand pumps, battery operated pumps, semi-automatic electric pumps, and self-cycling electric pumps. The type of pump you choose depends on the reasons you are pumping and how often you need to pump. Talk to your health care provider for additional information or call Child & BabyTalk at 613-549-1154.

### Rental outlets for electric breast pumps

These are the large hospital grade electric pumps made by Medela or Ameda

- Medical Arts Healthcare            800 Princess Street        613-549-8698 (press 2)
- Shoppers Home Health Care    1011 Princess Street      613-531-4104

### Pumps for purchase, recommended manual or hand breast pumps:

- Medela Manual Pump
  - Medical Arts                            800 Princess Street        613-549-8698 (press 2)
  - Shoppers Home Health Care    1011 Princess Street      613-531-4104
  - Toys'R'Us Canada                    1020 Midland Avenue    613-634-8697

### Pumps for purchase, recommended small electric pumps:

- Medela Mini Electric Breast Pump
  - Medical Arts Healthcare        800 Princess Street        613-549-8698 (press 2)
  - Shoppers Home Health Care    1011 Princess Street      613-531-4104
  - Toys'R'Us Canada                    1020 Midland Avenue    613-634-8697

### Pumps for purchase recommended larger electric pumps:

- Medela "Pump in Style"
  - Medical Arts Healthcare        800 Princess Street        613-549-8698 (press 2)
  - Shoppers Home Health Care    1011 Princess Street      613-531-4104
  - Toys'R'Us Canada                    1020 Midland Avenue    613-634-8697
- Ameda "Purely Yours"
  - Medical Arts Healthcare        800 Princess Street        613-549-8698 (press 2)
  - Shoppers Home Health Care    1011 Princess Street      613-531-4104

**Supplies** – the following supplies are usually only needed in special circumstances. Call Child & BabyTalk for further information on the use of these supplies

Breast shells, breast shields, breast pads, Lansinoh, or PureLan are sold at Medical Arts Healthcare, Shoppers Home Health Care, Wal-Mart, Toys'R'Us, and most regular pharmacies, in the bottle and artificial nipple's section.

Supplemental Nursing Systems (SNS) are available at Shoppers Home Health Care and Medical Arts Healthcare.

This list may not include all rental outlets or retail stores. Mothers should call ahead to rental or retail stores to ensure they have the pump or supplies they require.

### **Breast Pump Distributors**

Egnell-Ameda (Hollister)	1-800-604-6225	<a href="http://www.motherschoiceproducts.com">www.motherschoiceproducts.com</a>
Medela	1-800-835-5968	<a href="http://www.medela.ca">www.medela.ca</a>
Avent	1-800-54-AVENT	<a href="http://www.avent.com">www.avent.com</a>