

# Grade 5 Community Physical Activity Pass

## Swimming

Artillery Park Pool  
(613-546-4291, ext. 1700)  
76 Ordnance Street

Leisure Swim

Saturday, Sunday 2:00 – 4:00 p.m.

Family Swim

Tuesday, Thursday 7:35 – 9:00 p.m.

Wednesday 6:00 – 7:30 p.m.

Friday 8:05 – 9:00 p.m.

W.J. Henderson Recreation Centre Pool  
(613-389-3648)  
322 Amherst Drive

Public Swimming (Schedule valid until June 30, 2012)

Monday to Friday 12:00 – 1:00 p.m.

Monday & Wednesday 4:00 – 5:00 p.m.

Tuesday & Thursday 7:00 – 8:00 p.m.

Sunday 6:00 – 7:00 p.m.

Friday 7:00 – 8:00 p.m.

Saturday & Sunday 2:00 – 4:00 p.m.

Summer schedule available at: [www.loyalist.ca](http://www.loyalist.ca)

Greater Napanee Indoor Pool  
(613-354-7964)  
113 Richmond Blvd.

Public Swimming (*Pool is only open until December 31, 2011*)

Monday 5:30 – 6:30 p.m.

Wednesday 5:30 – 6:30 p.m.

Friday 5:30 – 6:30 p.m.

Saturday 1:00 – 2:00 p.m.

Kingston Family YMCA  
(613-546-2647)

**Adventure Quest**

for those (5 to 15 years)

Monday to Friday: 4:30 – 7:30 p.m.

Saturday: 9:30 – 4:00 p.m.

Sunday: 12:00 – 4:00 p.m.



**Edward Ratcliffe Aquatic Centre**

Schedule available at: [www.kingston.ymca.ca](http://www.kingston.ymca.ca)

## Open Gym Time

Kingston Family YMCA  
Schedule available at [www.kingston.ymca.ca](http://www.kingston.ymca.ca)

# Skating Schedule

Centre 70 Arena

(613-389-5815)

Tuesday & Thursday 4:00 – 4:50 p.m.

Friday 7:00 – 8:45 p.m.

INVISTA Centre

(613-544-4442, ext. 1800)

Saturday 2:00 – 3:45 p.m.

Monday 6:30 – 7:20 p.m.

Constantine Arena

(613-541-5010, ext. 8752)

Saturday and Sunday

11:45 a.m. – 12:45 p.m.

(Call to confirm, subject to change.)

Memorial Centre

(613-546-3183)

Sunday 12:00 – 1:45 p.m.

Wednesday 4:00 – 4:50 p.m.

W.J. Henderson Recreation Centre

(613-389-3648) (Schedule valid until March 31, 2012)

Wednesday 4:00 – 4:50 p.m.

Sunday 1:00 – 2:50 p.m.

Summer schedule available at: [www.loyalist.ca](http://www.loyalist.ca)

North Frontenac Community Centre

(Piccadilly, 613-374-2177)

Sunday (call to confirm — subject to change)

1:00 – 2:30 p.m.

Stone Mills Recreation Centre

(Tamworth, 613-379-2349)

Sunday 12:00 – 1:00 p.m.

Strathcona Paper Centre, Cintas Rink

(613-354-4423)

Skate and Helmet Rentals available for \$2.50

Saturday 2:30 – 3:30 p.m.

Sundays 12:00 – 1:00 p.m.

Please check [www.greaternapanee.com](http://www.greaternapanee.com) for exclusion dates

**ADDITIONAL P.A. DAY SKATES**

Contact facility for posted schedule.

Watch for Holiday Skate times!

Lost your pass? Request forms for a replacement pass are available in your school office.

For more information call: **613-549-1232, ext. 1201.**

Please note: **schedules are subject to change.**

**Pass valid until August 31, 2012.**