

Who Are You Protecting this Year by Getting Your Free Flu Shot?

**YOUR SON, DAUGHTER,
FATHER, MOTHER, WIFE,
UNCLE, NEIGHBOUR,
GRANDFATHER, SISTER,
BROTHER, FRIEND.**

Getting your free flu shot—the seasonal influenza vaccine—helps to keep your family and those around you protected from influenza. KFL&A Public Health is holding free seasonal influenza immunization clinics around the KFL&A area this fall. For information, call 613-549-1232 or 1-800-267-7875, ext. 1433, or visit www.kflapublichealth.ca

TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Wednesday, October 26, 2011 Cloyne North Addington Education Centre 3:00 to 6:30 p.m.	Thursday, October 27, 2011 Kingston Frontenac Mall 10:00 a.m. to 3:00 p.m.	Friday, October 28, 2011 Kingston Frontenac Mall 10:00 a.m. to 3:00 p.m.	Saturday, October 29, 2011 Kingston Frontenac Mall 10:00 a.m. to 3:00 p.m.
Tuesday, November 1, 2011 Kingston Frontenac Mall 2:00 to 7:00 p.m.	Wednesday, November 2, 2011 Kingston Frontenac Mall 10 a.m. to 3:00 p.m.		Friday, November 4, 2011 Napanee Lions Hall 11:00 a.m. to 7:00 p.m.	
Tuesday, November 8, 2011 Kingston East LaSalle Secondary School 4:00 to 8:00 p.m.	Wednesday, November 9, 2011 Kingston Queen's University The New Medical Building 9:30 a.m. to 5:00 p.m.	Thursday, November 10, 2011 Inverary Inverary United Church 2:00 to 7:00 p.m.	Friday, November 25, 2011 Amherstview Amherstview Public School 2:00 to 7:00 p.m.	
		Wednesday, November 30, 2011 Kingston Queen's University The New Medical Building 9:30 a.m. to 5:00 p.m.		
Tuesday, December 13, 2011 Kingston Frontenac Mall 10 a.m. to 3:00 p.m.		Thursday, December 15, 2011 Kingston Frontenac Mall 2:00 to 7:00 p.m.		

Don't jeopardize your family's health!