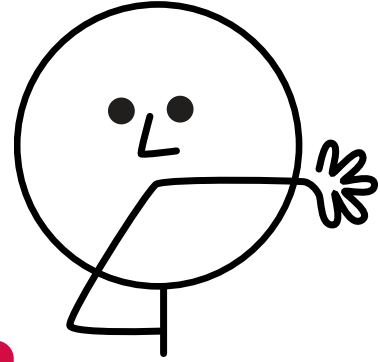


Cover Your Cough

Cover your mouth and nose with a tissue when you cough or sneeze.



Or



Cough or sneeze into your elbow or sleeve, not your hands.



Put your used tissue in the waste basket.

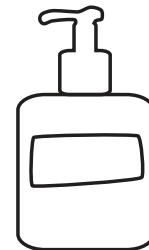
Stop the spread of germs that make you and others sick!

Clean Your Hands

Wash with soap and water.



Or



Clean with alcohol-based hand rub.